

## Herne Hill Velodrome Weekly Sessions 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Morning</b>						
					9:00 – 10:00 Youth Track Training	9:00 – 12:00 Advanced Track Training
				Registration 11:00 – 11:30. Latecomers cannot join in.	10:00 – 12:00 Intermediate Track Training	10:00 – 11:00 HHYCC MTB Beginners and Improvers
					12:00 – 12:45 Novice Track <b>Induction</b>	11:00 – 13:00 HHYCC MTB Intermediate and Advanced
					12.45 – 14:00 Basic Track Riding	
<b>Evening</b>						
				16:30 – 17:00 Youth Own Bike Track Riding		
18:30 – 19:00 Track Racing <b>Induction</b>				17:00 – 18:00 Youth Track Riding		16:00 – 18:00 Track Training <b>Women Only</b>
19:00 – 21:00 Track Racing Training	18:00 – 21:00 Road Bike Training	19:00 – 21:00 <b>Track Race League</b>	19:00 – 21:00 Derny Track Training	18:00 – 20:00 VCL Youth Track Training		

Basic Session

Intermediate Session

Advanced Session

Youth Only Session

**For more details and changes – [www.HerneHillVelodrome.com](http://www.HerneHillVelodrome.com)**